



GROWTH GROUP DISCUSSION QUESTIONS Spring Quarter - Lesson 6 - Week of May 18, 2025

Lesson: HELP MY UNBELIEF!

Bible Verses: Mark 9:1-50; Genesis 18:1-14; Matthew 8:5-13; Luke 11:9-10

GETTING TO KNOW YOU

1. What did you love as a kid that you hate now?
2. Were you more of an indoor or outdoor kid?

DISCUSSION

"'If you can?' said Jesus. 'Everything is possible for one who believes.' Immediately, the boy's father exclaimed, 'I do believe; help me overcome my unbelief!'" -Mark 9:23-24

Situation: Mountaintops are wonderful, but you must come down. Jesus and his three closest disciples were on the Mount of Transfiguration, where Jesus revealed His glory and briefly interacted with two of the giants of Old Testament days: Moses and Elijah. Peter, James, and John heard God affirm Jesus as His son. But they had to leave that spiritual high and return to the crowds and face faith-testing complications of life. Read Mark 9:14-29 (NKJV).

1. What does this story tell us about Jesus' authority over other spirits?
2. How do you think the father in this story felt after so many years of caring for his son?
3. Why were the disciples unable to heal the boy?
4. What do you think Jesus meant when He said everything is possible for one who believes?
5. Which character in this story can you identify with the most?

Inspiration: Most of our prayer lives could use a tune-up. Some lack consistency. They are either a desert or an oasis. Sometimes, we go for days or weeks without consistent prayer, but then something happens—tragedy, broken relationships—and leads us to prayer.

If you struggle with prayer, I have just the guy for you to think about—a guy with a sick child who needs a miracle from Jesus. The father's prayer is not much, but the answer is. The result reminds us that the power is not in the prayer but in the one who hears and answers the prayer (Jesus).

1. Have you ever prayed out of desperation? How was your belief?
2. What kind of faith does Jesus require of us?

3. When or where has your faith recently been challenged?
4. How have these challenges helped you to deepen your faith in God?
5. How does Jesus' promise that everything is possible for one who believes (verse 23) help to strengthen your faith?

Life Lessons: The outcome of this miracle, in which Jesus healed the boy possessed by an impure spirit, indicates why so many of us have difficulty seeing God work. The father's plea expressed a beautiful combination of bold faith and honesty. He acknowledged the need to trust but recognized his weakness. He admitted he needed help and that he also needed help to believe.

The disciples were concerned about why they could not do what Jesus did. Jesus' answer conveys that it is never about what we accomplish but what God accomplishes in and through us. The disciples wanted more confidence in their power, but Jesus told them to focus on tapping into God's power through prayer and fasting.

Three Big Steps You Can Take to Overcome Unbelief:

1. Exercise spiritually daily.
2. Do things that force you to believe God will deliver you.
3. Stay positive while God guides you.

Devotion: Father, we cherish your promise to care for your children. And yet we often come to you with confused ideas, uncertain of your will.

Journaling: What are some promises from Scripture that you can memorize to strengthen your faith?