

## Lesson 4: DYING TO SELF

### Lesson Focus

“Living in “Old-Self Love”

### Base Scripture

Ephesians 4:20-24; Col 3:4-10

### Aim

To show believers and unbelievers how the Old-Man can derail us, not transform us

Memory Verse	Ephesians 4:22-24 22 to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, 23 and to be renewed in the spirit of your minds, 24 and to put on the new self, created after the likeness of God in true righteousness and holiness.
	Colossians 3:9-10 9 Do not lie to one another, seeing that you have put off the old self with its practices 10 and have put on the new self, which is being renewed in knowledge after the image of its creator.
Goals: Student will learn:	During this week, the goal challenge is to learn how to not only die to self but deny self, pick up our cross and follow Jesus.

## DAILY ACTIVITIES: For the Week

### Introduction

This week you will be studying passages in the Scriptures that show so clearly what the real problem in life is. We hear it all the time-Put off the old man and put on the new man. In order to do so, we have to die- die to ourselves. When we die to self, we live to Christ. As a result of this death and rebirth, we began a new transformed life. The problem with the "old self" is it lives for itself. Jesus Christ calls for the old self to be crucified, and he promises to raise up a new and very different "self." Some life changes made can help us follow Christ and celebrate the changes from the inside /out. Those of us who follow Christ don't need a makeover to reveal God's presence to others but can provide a visual reminder that when we submit our lives to Jesus, our lives are transformed forever.

### Wednesday Life begins in Dying

1. Read Luke 9:18-26. Highlight or underline key words and phrases.
2. Now look at to Luke 18:23-25 Christ told his disciples to do 3 things in these verses, what were they? How are we held to the same expectation and standard today, Give an example!
3. Find a scripture that parallels Luke 9:23-25 and explain.

### Thursday Crucified together with Christ

1. Begin today by reading Galatians 2:20. Take a few minutes to memorize this verse...then learn it.
2. The crucifixion of Jesus meant He willingly gave up His life for the life of others. What "kind of lives" do we have to give up to gain Christ? How does giving up that life affect others?
3. The crucifixion of Jesus meant He put others' welfare above His comfort. How do you share in His crucifixion daily?
4. Read Matthew 7:12 and explain how this depiction of a "crucified life" is part of our character as Christians?

**Friday****From Useless to Useful**

1. Turn your Bible again to Romans 6:1-4. Read and study this carefully.
2. Write down some useless things about you that are not useful to Christ
3. God has made you a "new self." How is it apparent to you and others that you are new in Christ?

**Saturday****Life in the Holy Spirit**

1. In what ways can the Holy Spirit help us Dye to self?
2. Read Romans 7:14-24. How can we access Holy Spirit power when faced with situations like described in Romans 7:14-24?

**Sunday****Taking Correction**

1. As you have questions about things that you are studying or things that are happening to you, seek out some of your older brothers and sisters and let them help you. They have been through many things you will go through. Lean on their wisdom and understanding.
2. When we are children, we need to be taught things we don't know, and we need to be corrected when we are wrong. For those of you who have been baptized into Christ recently, you are a baby in Jesus Christ. There is much you don't know and there are some areas where you need correction. This is true of every new Christian (and every older one!). There are some people who have been baptized into Christ, who have forgotten these lessons and have wandered off. They also must be reminded of the need for correction. How you take correction is going to make all the difference in your growth in Christ. Turn to Proverbs 2:1-8. Next look at Proverbs 12:15. Go back to 10:17. What is the message? How does this relate to the idea that we have died to the old self?
3. Write down your own attitude toward being corrected. Distinguish between those things that are left over from your earthly nature and those things that Jesus Christ is putting in your heart. Read Proverbs 15:9-10 and 12:1.
4. Go to the New Testament now and read 2 Timothy 3:16-17 and answer this question: Why are other brothers or sisters to bring the Word of God to you? What is going to be your attitude when they do?

**Monday**      **A New Attitude**

1. Below are listed several verses. As you read them write down what you think the passage has to do with putting off the old self and putting on the new.
  - a.) Philippians 2:14-15
  - b.) Philippians 3:7-11
  - c.) Philippians 4:4
  - d.) Philippians 4:11-13
2. Write a response to the following statement: "In Jesus Christ we have all we need to maintain a great attitude." True or False? Why or Why not?
3. What do these passages have to do with having a great attitude?
  - a.) John 16:33
  - b.) Romans 8:28
  - c.) James 1:2-4
4. What will be the effect on others when you allow God to give you a great attitude in all circumstances? them out into the open through confession?
5. Write down the two results of walking out in the light as described in

**Tuesday**      **Life from Death**

1. Read John 12:20 - 26.
2. Notice in v. 23 that Jesus says the time has come for Him to be "glorified." What do you think of when you hear that someone is about to receive "glory"?
3. In v. 24 Jesus most likely surprises His disciples. He indicates that the way He will find His glory is by becoming that seed that falls to the ground and dies. What does He say will be the impact of the seed that dies?
4. How do we know that this principle of being the seed that falls to the ground and dies applies to us who are disciples of Jesus? Particularly notice v. 26. Why is this an exciting principle?  
In your life right now, who do you need to "die" for so they can become a disciple?

vs 7. Why is this passage comforting? What does it teach you about relationships in Christ?

6. Remember this: Satan's only ground is darkness. When we confess our sins and bring them out into the light, we take away from him his only base of operation, and we enjoy the power of God's grace, and the blood of Christ continually cleanses us from all sin.
7. Have you been open about your sins?
8. Has God forgiven you?

